



## **Soil. Soul. Society. – Weekend retreat with Satish Kumar**

Satish Kumar is a peace-pilgrim and life-long activist, who has devoted his life to campaigning for ecological regeneration and social justice.

**Lindeborgs Eco Retreat**

**Friday 5/9/2025 10.00 - Sunday 7/9/2025 14.00**

**Lindeborgs**  
ECO RETREAT

# Join us for a transformative retreat with peace-pilgrim and former monk, Satish Kumar.

## **Soil, Soul, Society: A new trinity for our time.**

All great movements encapsulate their vision in three words, just as the French revolution summarised their mission in three words – Egalite, Liberte, Fraternite. For the age of ecology, we need a new trinity. Satish Kumar has summarised that new trinity in three words – Soil, Soul, Society. Caring for nature, caring for the soul and caring for society are three dimensions of one single vision for the future.

During this weekend retreat, Satish will present the new trinity for our age of sustainability. One that shares the knowledge that we ourselves are very much part of nature; that what we do to nature we in fact do to ourselves; and that the earth is soulful. We are members of a one-earth society, and caring for the earth and soul is interrelated.

Satish will remind us that to bring about change in the world, we must embody the change we wish to see. We can all be leaders and can create change in our structures and mindsets for lasting peace and a sustainable culture and society.

## Is this something for you?

Are you seeking a deeper sense of purpose and harmony in a world that often feels disconnected? Do you long to nurture a meaningful relationship with the earth while also enriching your inner life? Are you searching for ways to align your personal values with impactful action in your community?

This retreat welcomes anyone who wants to explore a holistic way of living that integrates care for the earth, self, and society.

### About Satish Kumar



Peace-pilgrim, life-long activist, and former monk, Satish Kumar has been inspiring global change for over 50 years. He undertook a pilgrimage for peace, walking for two years without money from India to America for the cause of nuclear disarmament. Now in his 80s, Satish has devoted his life to campaigning for ecological regeneration and social justice. Through his teachings, Satish passionately shares visions of the more beautiful world our hearts know is possible.

A world-renown author and international speaker, Satish founded The Resurgence Trust, an educational charity that seeks to inform and inspire a just future for all. He was the Editor of the charity's change-making magazine, Resurgence & Ecologist, for over 40 years, making him the UK's longest-serving editor of the same magazine. He continues to serve this publication as Editor Emeritus and by writing for each and every trailblazing issue.

Satish continues to teach, run workshops and write about reverential ecology, holistic education and voluntary simplicity and is a much sought-after international speaker and author.

More info about Satish Kumar:  
[www.carllindeborg.com/retreats/satish](http://www.carllindeborg.com/retreats/satish)

## Prices

1. Shared double room, SEK 10 900
2. Single room, SEK 13 900
3. Shared "Tiny Nature Cabin", SEK 9 900
4. Single "Tiny Nature Cabin", SEK 12 400
5. External accommodation, SEK 9 300

Shared rooms and cabins have separate beds unless otherwise requested.

The "rooms" all have a bathroom with shower.

The "Tiny Nature Cabins" have a composting toilet nearby + shower/sauna available in the Eco Barn.

## What's included

The price includes accommodation, full board, all program points and VAT.

The "External accommodation" option does not include accommodation, but does include full board, all program points, and VAT.

## Location

Lindeborgs Eco Retreat is situated in peaceful surroundings at the end of the road, 20 km from Nyköping and 120 km from Stockholm.

[www.lindeborgs.com](http://www.lindeborgs.com)

## Registration

You can find more information and register at [www.carllindeborg.com/retreats](http://www.carllindeborg.com/retreats)

If you have questions or would like to receive more information, please contact Anna Witsenboer at [anna@carllindeborg.com](mailto:anna@carllindeborg.com).

# Preliminary programme

## Friday September 5: Radical Love

10.00	Introduction and welcome
10.15 - 12.00	Session
12.00	Lunch and time for socialising, rest, nature, walks
15.00 - 17.00	Session
18.30	Dinner and time for forest walk, sauna and natural swimming pond

## Saturday September 6: Soil, Soul, Society

08.00	Breakfast
09.00 - 12.00	Session
12.00	Lunch and time for socialising, rest, nature, walks
15.00 - 17.00	Session
18.30	Dinner and time for forest walk, sauna and natural swimming pond

## Sunday September 7: Elegant Simplicity

08.00	Breakfast
09.00 - 12.00	Session
12.00	Lunch
13.00 - 14.00	Wrap up session

## Warm welcome!

We look forward to welcoming you at our retreat.

The team at Lindeborgs Eco Retreat